




## SOUTH AFRICAN MODERN PENTATHLON ASSOCIATION

Contact: Secretary General  [secretarygeneral@sampasport.co.za](mailto:secretarygeneral@sampasport.co.za)  +27 82 457 5208

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### Introduction to UIPM Para-Pentathlon

The Union Internationale de Pentathlon Moderne (UIPM) has taken a significant step forward by assembling a Paralympic Pentathlon (Para-pentathlon) Working Group. This initiative is dedicated to engaging the broader Paralympic sporting community and international audience in embracing the Modern Pentathlon, even in the challenging arena of disabilities.

The objective is to establish para-pentathlon as a cornerstone of the UIPM Development Programme. By fostering stronger relationships with International Paralympic Committees at both national and international levels, this effort seeks to garner crucial support from National Olympics and Paralympics Associations, Modern Pentathlon National Federations, and all stakeholders invested in promoting and enhancing our sport movement.

Under the passionate leadership of SAMPA President Frans van Niekerk, South African Modern Pentathlon is one of the first countries to introduce this program to people living with disabilities. We hope to see many athletes with disabilities participating in the South African Championships and even the World Championships in December.

### Vision

Our vision is to make Modern Pentathlon and its diverse disciplines accessible to all, irrespective of gender, age, or ethnic background, at the Paralympic level. Furthermore, we aim to provide a therapeutic multidisciplinary approach for disabled individuals, forming a wise proposal based on physiological and analytical patterns.

### Mission

Our mission is to develop an inclusive model for Modern Pentathlon tailored to physically impaired individuals. This model will accommodate a broad spectrum of participants within the Paralympic Movement framework, ultimately representing UIPM within the IPC Family.

### Para-Pentathlon Events and Distances

- 1. Para Laser Run:**
  - 4x 300m run and 4 shooting series.
  - Target distance: 5m and 3m for visually impaired athletes.
- 2. Para Biathlon:**
  - 400m run, 100m swim, 400m run.
- 3. Para Triathlon:**
  - 100m swim, 3x 300m run, 3 shooting series.



*Member of South African Sports Confederation and Olympic Committee (SASCOC)*  
*Member of Union Internationale de Pentathlon (UIPM)*





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### Required Documentation

To apply for classification in UIPM Para Sports, please submit the following documentation:

- ID or Passport.
- Current reports substantiating the athlete's permanent disability (not older than one year).
- PMP6: Diagnostic test documentation, including VI Medical Form signed by an ophthalmologist.
- PMP1-5: UIPM Medical Diagnostics Form signed by a physician.
- Intellectual impairment documentation (PMP 7) based on Eligibility Criteria from Virtus/PNZ.

All documentation must be in English and sent to an internationally appointed UIPM doctor. Rest assured, all submitted documentation, and reports will be kept confidential.

### Process

1. Fill out the attached paperwork.
2. Submit it via email with the athlete's ID and current medical reports to me.
3. As the technical classifier, I will submit my findings to the medical classifier. Upon agreement on the classification, the athlete will be able to participate in the assigned category. This is a temporary classification.
4. At the South African Championships, the athlete must bring their original reports for the UIPM PARA SPORT FUNCTIONAL CLASSIFICATION ASSESSMENT.

For more information, please contact:

- Bernie Manzoni
- Email: [berniemanzoni@gmail.com](mailto:berniemanzoni@gmail.com)
- Phone: +27 71 674 6538 (if I don't answer, please send a WhatsApp and I will call you back)



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